

## **FR.TK.REFLECTIONS,CORPUS CHRISTI YEAR-B-2024:**

### **OUR SPIRITUAL NOURISHMENT:**

Last Sunday we celebrated the Solemnity of the Most Holy Trinity, today we are privileged to celebrate another important mystery which touches our very personal life in faith as Catholics, the solemnity of **Body and Blood of Christ**. It is a moment today to reflect on the **real presence of Christ in the Eucharist**. This is our spiritual nourishment on our journey here on earth. It is the mystery of Lord's presence in Eucharist. This mystery is based on **Love, care and sacrifice**.

Our readings today points to three different dimensions of this great mystery, **power, presence and promise** in mass. The letter to the Hebrews take us to sacrifices in the temple in Jerusalem where there was a lot of sacrifices of different kinds, all with the shedding of blood, there was sacrifices of **peace, adoration, atonement, thanksgiving and petition seeking**, these involved sacrificing and shedding and shedding of blood and all attempted to **achieve and attain** what Jesus did on the cross **the perfect sacrifice of his blood**. We fuse our petitions on this great sacrifice during mass with our **big and small sacrifices we offer**.

The gospel takes us from Jerusalem temple to that upper room of the last supper where he **took bread and wine giving to them saying THIS IS MY BODY, THIS IS MY BLOOD, the blood of the new covenant which will be poured for many (Mk. 14:12-16, 22-26)**. This says it all of what this sacrifice is, **we do not need any scientific proof as to whether it is the body and blood of Christ**. The proof is **faith**. This truly shows **the presence of Jesus Christ in**

**Eucharist.**Whenever we come to mass,we do not have to hope he is there,**he is truly there..**His presence in Eucharist doesn't depend on our **moods,disposition,state of grace or even degree of faith,he is simple there.**

Whenever the minister gives us communion,he says **the body of Christ,we acknowledge it is by our response AMEN(yes it).**His presence is there in all our **joys and sorrows,journing and accompanying us as he told us,beyond am with you till the end of time.**

God in our first reading (Ex.24:3-8) **promised to be with His people and they in turn promised to obey him,(we will do everything the Lord has told us).**This foreshadowed **obedience and promise and was ratified by sprinkling of the blood over the people.**it established covenant and promise.Eucharist is a place for us of covenant to be **faithful to Christ and his church and to be in communion.**When we receive the communion on our tongue,we promise,that our tongue **will not deceive,lie,gossip,slander or speak bad offensive word!** Receiving communion in our hands we promise **not to turn our hands into instruments of destruction and violence. Christ is present in Eucharist,hence** mass is a place of power,promise and presence.

**MAY HIS BODY AND BLOOD CONTINUE ON NOURISHING US!.**